



LEVEL ONE AVALANCHE SCHOOL
REGISTRATION FORM 2009-2010

Name _____ Date of Birth _____

Mailing Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ E-mail _____

Emergency Contact & Phone _____

___Ski ___Snowboard

The cost of the clinics is \$215 per person. Clinic price does not include lift tickets.
A 3 day lift ticket is \$135.

<input type="checkbox"/>	Avalanche School One: February 17, 18, 19 - 8:30am – 4:00pm each day
<input type="checkbox"/>	3 day lift ticket \$135

Total Payment \$ _____ **Credit Card Type** _____ **Check #** _____

Credit Card # _____ Exp. Date _____ CCV# _____

Card Holder Name _____ Signature _____

Enrollment Form and Release of Liability must be completed and mailed or faxed with payment to: Arapahoe Basin, Attn: Guest Services-Avalanche School, P.O. Box 5808, Dillon, CO 80435 or 970-513-5790

Please call us at 1-888-272-7246 if you have any questions. Our Call Center is open from 8:00am to 4:30pm seven days a week.

Arapahoe Basin's Level 1 Avalanche School is a 3 day introduction to avalanche hazard management. It is offered to current and aspiring backcountry winter travelers. The school will provide instructions so that participants can:

- Use available avalanche bulletins to assist with backcountry travel plans
- Apply the use of decision tools during backcountry travel
- Understand and use travel protocols to minimize hazard exposure
- Use simple tests and observations to recognize snowpack instabilities
- Understand basic snow pit profiles
- Learn and demonstrate companion rescue techniques

Following the school participants can expect to develop a basis for preparing a backcountry winter outing in avalanche terrain. Participant will be introduced to decision making protocols on how to utilize observations and simple tests to help reduce their exposure the avalanche risk. Additionally, participants are expected to learn and demonstrate companion rescue techniques required to find and dig up a buried person.

School Content:

1. Anatomy of an Avalanche

- Introduction to mountain weather
- Basic avalanche types and shapes
- Introduction to terrain recognition
- Triggers and slab mechanics
- Size classification
- Basic crystal and layer types
- Types of snow packs , layering, and metamorphism
- Unstable vs. stable snow

2. Tool for Gathering Information

- Avalanche bulletins and the avalanche danger scale
- Real time field observations and records
- Basic snow profile tools and recognizing obvious clues of instability
- Snowpack tests: rutschblock and compression test

3. Trip Planning and Preparation

- Avalanche terrain recognition, assessment, and route selection
- Route finding and travel techniques
- Travel protocols and group communications
- Group dynamics and factors effecting human behavior
- Decision tools – application and limitations

4. Companion Rescue - Equipment and Techniques

- Why not 911?
- Scene size up and organization
- The triad – beacon, probe, and shovel
- Advanced digging, multiple beacons, RECCO
- Burials without beacons

- Victim support and evacuations
- Common mistakes during rescues

Student Prerequisites: Students must be able to ski or ride at an intermediate to advanced level in backcountry terrain.

Required equipment for all avalanche school participants:

Clothing for activities and standing in cold/snowy weather (no cotton)

- long underwear
- insulating layers
- outer layer (wind/waterproof)
- warm gloves, mitts, headband, and hat
- Goggles and sunglasses
- Small personal first aid kit (sunscreen/lip-balm, moleskin, band-aids, medication, etc.)
- Water Bottle
- Bag lunch and snacks
- Pack

Skiing Equipment:

- Boots (touring boots recommended)
- Skis with touring bindings and skins (please adjust bindings to boots and skins to skis before the course). Telemark gear is fine.
- Ski Poles

Snowboarding Equipment:

- Split Board with touring bindings and skins (please adjust bindings to boots and skins to board before the course) For students arriving at the course with snowboarding equipment, split boards are recommended, as compared to travelling with snowshoes.
- Boots
- Collapsible poles

Snowshoes only:

- Snowshoes are not recommended for this course. Deep new snow and steep terrain will likely be encountered.

Rescue Equipment:

- Avalanche probe
- Collapsible shovel
- Avalanche transceiver (457 kHz frequency only. Beacons must be less than 5 years old)

Arapahoe Basin Ski Area

SKI SCHOOL WARNING, ASSUMPTION OF RISK, RELEASE OF LIABILITY & INDEMNIFICATION AGREEMENT

PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS.

1. The person who is participating in Ski School shall be referred to hereinafter as "Student". The "Undersigned" means only the Student when the Student is age 18 or older OR it means both the Student and the Student's parent or legal guardian when the Student is under the age of 18. The Undersigned agree and understand that taking part in ski school, skiing, snowboarding and using ski area facilities, including the lifts, for any purpose (hereinafter the "Activity"), can be HAZARDOUS AND INVOLVES THE RISK OF PHYSICAL INJURY AND/OR DEATH.

2. The Undersigned are advised that a person using any of the facilities of the ski area is considered a skier. The Undersigned acknowledge and understand the dangers and risks of skiing and understand that the Student, as a "skier" under Colorado law, ASSUMES ALL INHERENT DANGERS AND RISKS as provided by the Colorado Ski Safety Act (hereinafter "Act").

3. The Undersigned further understand and agree that in signing this Agreement, the Undersigned are expressly acknowledging and assuming additional risks and dangers that may result in property damage, physical injury and/or death above and beyond those outlined in the Act, including but not limited to:

Falling; drills; exercises; free skiing; following the direction of the instructor; terrain selection of the instructor; avalanches; cornices; suffocation; crevasses; equipment failure; equipment malfunction; equipment damage; Student's improper use of equipment; Student's use of his/her own personal equipment; Student's failure to maintain or otherwise upkeep his/her own personal equipment; slick or uneven surfaces; slipping; tripping; loss of balance; rugged mountainous terrain; bumps; tree wells; downed timber; rocks of various sizes; holes; debris; marked and unmarked obstacles; drainage channels; varying visibility; unmaintained trails; path and/or trail obstructions; unmarked roads and/or trails; Student or another acting in a negligent manner that may cause and/or contribute to injury to Student or others, such as selecting terrain that exceeds his/her ability and not acting within such ability; Student's failure to comply with signage; collisions with natural or man-made objects or collisions with other people; falling objects; encounters with snowmobiles and/or other motor vehicles; becoming lost or separated; lack of shelter; lift loading, unloading, and riding; storms, lightning, hail, snow and other adverse weather; limited access to and/or delay of medical attention; Student's health condition; strenuous activity; fatigue; exhaustion; dehydration; hypothermia; high elevation; altitude sickness; frostbite; & mental distress from exposure to any of the above.

4. Pursuant to Colorado law, Student assumes the responsibility of maintaining control at all times while engaging in the Activity. Student is responsible for reading, understanding and complying with all signage, including instructions on use of lifts. Student must have the physical dexterity and knowledge to safely load, ride and unload the lifts. Student assumes the risks of riding the lifts and engaging in activities accessible from the lifts. Further, the Undersigned understand that a minor Student may use the ski lifts without an adult present. The Undersigned are advised that snowmobiles, snowmaking, and snow-grooming equipment may be encountered at any time, and the Undersigned recognize that falls and collisions occur and injuries are a common and ordinary occurrence of the Activity.

5. The Undersigned acknowledge and understand that the description of the risks listed above are not complete and that participating in the Activity, whether or not described, may be dangerous and may also include risks which are inherent and/or which cannot be reasonably avoided without changing the nature of the Activity. By signing this document, the Undersigned recognize that property loss, injury, serious injury and death are all possible while participating in the Activity. **RECOGNIZING THE RISKS AND DANGERS, THE UNDERSIGNED UNDERSTAND THE NATURE OF THE ACTIVITY AND VOLUNTARILY CHOOSE FOR STUDENT TO PARTICIPATE IN AND EXPRESSLY ASSUME ALL RISKS AND DANGERS OF THE ACTIVITY, WHETHER OR NOT DESCRIBED ABOVE, KNOWN OR UNKNOWN, INHERENT OR OTHERWISE.**

6. Additionally, in consideration for allowing the Student to participate in the Activity, **THE UNDERSIGNED HEREBY AGREE NOT TO SUE DUNDEE RESORT DEVELOPMENT, LLC DBA ARAPAHOE BASIN SKI AREA** or any of their respective successors in interest, affiliated organizations and companies, insurance carriers, agents, employees, representatives, assignees, officers, directors, and shareholders (each hereinafter a "Released Party") for any property damage (including but not limited to equipment damage), injury or loss to Student, including death, which Student may suffer, arising in whole or in part out of Student's participation in the Activity. By agreeing not to sue, the Undersigned are releasing any right to make a claim or file a lawsuit against any Released Party. Also, the UNDERSIGNED AGREE TO HOLD HARMLESS AND RELEASE EACH AND EVERY RELEASED PARTY FROM ANY AND ALL LIABILITY and/or claims for injury or death to persons or damage to property arising from Student's participation in the Activity, including, but not limited to, those claims based on any Released Party's alleged or actual NEGLIGENCE or BREACH of any CONTRACT and/or express or implied WARRANTY.

7. By execution of this Agreement, the Undersigned also AGREE TO DEFEND AND INDEMNIFY/REIMBURSE each Released Party from any and all claims of the Undersigned and/or a third party arising in whole or in part from Student's participation in the Activity.

8. Arapahoe Basin recommends the use of helmets while participating in the ACTIVITY. THE UNDERSIGNED understand that helmets may reduce or mitigate the severity of head injuries to the STUDENT, but are in no way a guarantee of safety. THE UNDERSIGNED recognize that helmets have limited capability as far as shock absorption and that serious injury or death can result from both low and high-energy impacts, even when a helmet is worn.

HELMET ACKNOWLEDGEMENT:

Helmet Owned _____

Helmet Rented From Ski School _____

Helmet Use DECLINED: _____

(Please Initial)

9. THE UNDERSIGNED understand and agree that at the scheduled end time for a ski school lesson, the STUDENT is no longer considered a student, and, if applicable, that parent or legal guardian is responsible for picking up their minor STUDENT at the allocated time. Arapahoe Basin is not responsible for accidents that may occur after the completion of the lesson.

10. THE UNDERSIGNED represent that the STUDENT is in good health and there are no special problems associated with his/her care. THE UNDERSIGNED authorize any RELEASED PARTY and/or their authorized personnel to call for medical care for the STUDENT or to transport the STUDENT to a medical facility or hospital if, in the opinion of such personnel, medical attention is needed. THE UNDERSIGNED agree that upon the STUDENT'S transport to any such medical facility or hospital that the RELEASED PARTY shall not have any further responsibility for the STUDENT. Further, THE UNDERSIGNED agree to pay all costs associated with such medical care and related transportation provided for the STUDENT and shall indemnify and hold harmless the RELEASED PARTY from any costs incurred therein, or any claims arising there from.

11. THE UNDERSIGNED agree and understand that this release is applicable to each and every day the STUDENT participates in the ACTIVITY for the 2009-2010 ski season.

12. In consideration for allowing Student to participate in the Activity, the Undersigned AGREE THAT ANY AND ALL CLAIMS for injury and/or death arising from the Student's participation in the Activity shall be GOVERNED BY COLORADO LAW and EXCLUSIVE JURISDICTION of any claim shall be the DISTRICT COURT OF SUMMIT COUNTY, COLORADO or in the FEDERAL COURT FOR THE STATE OF COLORADO.

13. In the case of a minor Student, the Undersigned parent or legal guardian acknowledges that he/she is not only signing this Agreement on his/her behalf, but that he/she is also signing on behalf of the minor and that the minor shall be bound by all the terms of this Agreement. Additionally, by signing this Agreement as the parent or legal guardian of a minor Student, the parent or legal guardian understands that he/she is also waiving certain rights on behalf of the minor that the minor otherwise may have. The undersigned parent or legal guardian agrees that but for the foregoing, the minor Student would not be permitted to participate in the Activity.

14. By signing this Agreement without a parent or legal guardian's signature, Student, under penalty of fraud, represents that he/she is at least 18 years of age. If signing as the parent or guardian of a minor Student, signing adults represent that they are a legal parent or guardian of the minor Student.

15. PHOTO RELEASE: I hereby release to Arapahoe Basin the right to use the student's likeness in any print or electronic advertising media.

16. The Undersigned understand and acknowledge that this Agreement is a contract and shall be binding to the fullest extent permitted by law. If any part of this Agreement is deemed to be unenforceable, the remaining terms shall be an enforceable contract between the parties. It is the Undersigned's intent that this Agreement shall be binding upon the assignees, subrogors, distributors, heirs, next of kin, executors and personal representatives of the Undersigned.

I HAVE CAREFULLY READ THE FOREGOING ASSUMPTION OF RISK, RELEASE OF LIABILITY & INDEMNIFICATION AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THAT I AM RELEASING CERTAIN LEGAL RIGHTS THAT OTHERWISE MAY EXIST.

Printed Name of STUDENT #1

Signature of STUDENT #1

Date

Printed Name of STUDENT #2

Signature of STUDENT #2

Date

Printed Name of Parent/Legal Guardian

Signature of Parent/Legal Guardian

Date

E-MAIL ADDRESS _____

Any special needs, allergies, medications or fears of the student(s): _____

Emergency Contact: _____

NAME

RELATIONSHIP TO PARTICIPANT

PHONE

Alternate Emergency Contact: _____

NAME

RELATIONSHIP TO PARTICIPANT

PHONE